



poradenské centrum pre rodiny

family
garden

Report On Activities

November 2014 – December 2015

www.familygarden.sk

„Lord, please, protect
and bless this work.“

Katarína Baginová,
FAMILY GARDEN coordinator



Katarína Baginová is married to her husband Kamil, and they have 4 children. They both are Salesian Cooperators, help with marriage preparation courses in the parish and for more than 25 years they've been leading the children's folklore group Kremienok. They are part of the FAMILY GARDEN project from the very first beginning. Katarína is a trained Christian coach and this is her third year working as a coordinator of this counselling centre.

It's Monday, shortly after nine in the evening, and the lectures are over. With my husband Kamil by my side I turn off the lights and lock the metal door in Miletičova street... We are the last to leave. We get into the car and share strong feelings stirred by the testimonial of a married couple we have just heard. It's dark, it's raining... I look out of the window and think: "Lord, please, protect and bless this work."

Or July 2015. Father Mychajlo, director of the orphanage in Lviv, is coming to Bratislava to personally pick up "his" six boys. Several of our friends took them in to experience for at least few days what is so common for the most of us - life in a family. We say goodbye in the parking lot next to their car overflowing with all sorts of things they've been gifted. It seems that the car won't even move. The boys have a hard time saying their good-bye; they give sincere thanks to each one of us (unaware that they have left us much more than they realise). Tears are seen on nearly every face; we hear: "See you next year." Looking at all this I am probably not the only one thinking: "Lord, please, protect and bless this work."

Christmas is coming. We are presenting graduation certificates to another group of graduates finishing their training as Christian coaches. They devoted many hours to this endeavour. I see priests, nuns, laymen... ready to give their abilities, skills, and their time; to give the gift of themselves to those who will need it. What other thought can cross my mind than: "Lord, please, protect and bless this work."

And finally, the calendar on my desk shows January 2016 and I know that it's time to prepare the documentation for the annual report. I read various figures in the statistics, feedbacks from the trained coaches, a great number of thank-you emails from people who sought help in our centre, and once again the only thing that comes to my mind is... Well, you know what.

In a few days, I will meet again with all our volunteers after a year. I look forward to telling them about everything what happened, to thanking them. But most of all, I will emphasize that without them the FAMILY GARDEN wouldn't be what it is today. :-)



„Last episcopal synods on the family talked about the need to walk side by side with families. What the FAMILY GARDEN has to offer is one of the forms of companionship, together with expert information and training in various spheres of family life. I consider that to be its most important activity. And of course there are also expanding counselling services. I wish we could offer just a bit more educational training in the area of child raising. But that has to be prepared thoroughly.“

don Marian Valábek SDB

**ABOUT
US**

Testimonials of married couples
Lectures
Coaching courses
Interviews with a Christian coach
Counselling with various specialists
Marriage preparation classes
Fertility consultation services
Pre-natal courses
Babysitting during lectures
Book selling before and after lectures
Other services

FAMILY GARDEN

**Family counselling centre which in January
2016 began its third year.**

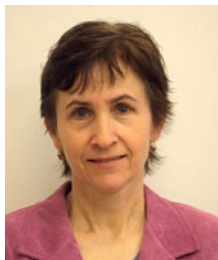


The FAMILY GARDEN is a counselling centre for families, located in Bratislava – Miletičova Street, staffed by laymen – Salesian cooperators since 2014. In addition to Salesian cooperators FAMILY GARDEN partners with many other specialists (gynaecologist, psychologist, priest, lawyer, special education professional, financial adviser), married couples and the entire Salesian family. The FAMILY GARDEN brings all these Christian specialists under one roof, thus helping believers who seek high-quality professional help. The FAMILY GARDEN provides assistance on two levels – counselling and prevention. Individuals in need of assistance can set up an appointment with a professional to talk about issues they need help with. Regularly held lectures, testimonials, marriage preparation classes, educational programs, etc. serve as prevention.

This project draws on previous long-time experiences of married couples, trained to lead marriage preparation classes. Testimonials of married couples that will be offered in the form of lectures on relevant topics were already presented during Marital Gatherings in Banská Bystrica, an event with more than 20-year long tradition. More than 300 married couples willing to constructively discuss and look for a solution to their marital problem, and seeking professional help when needed provide a valuable feedback on the meaningfulness of the project. The solutions for marital/family problems offered at our centre are unique, because they are based on regular professional assistance, and build upon verified methods of the Salesian preventive education system acknowledged worldwide.

We partner in our endeavour with a number of specialists, volunteers, and skilful young people that are willing to help. We wouldn't be able to do what we do without them. They take part in everything - from the preparation of various legal and expert documents, through help with sound system and setting up chairs before lectures, graphic editing of printed materials, website design and other marketing activities up to babysitting.

Volunteers



Our office is successfully run by Elenka Štöfirová who decided to devote a great deal of her time in retirement to the FAMILY GARDEN.

„I'm retired, but I still wanted to be useful. I searched and considered various possibilities, deciding whether to look for a job again, to do charity work or care for the sick... I prayed to God to help me find the right place, and then I heard about a possibility

to help out here. I'm glad God showed me the way that led me here, because this work is very dear to my heart and it's also in line with my mission of a Salesian cooperator. I think that the greatest contribution of the FAMILY GARDEN is that people who face a difficult situation have an opportunity to come here and talk about it with someone, and the conversation may show them a way out of the crisis. A valuable contribution of the counselling centre lies also in prevention – in organising lectures.”



Salesian Cooperators

The Association of Salesian Cooperators (ASC) was founded by Don Bosco on the 9th of May 1876 in Turin. After founding the Salesian Order (Salesians SDB and Salesian Sisters FMA), he decided to establish an association in the likes of the third orders (that the Franciscans and some other orders have for laity), except he wanted that the emphasis should not be only on the religious piety, but also on the active life in loving service to others,

especially young people. Just as he himself lived. Today there are approximately 30 thousand Salesian Cooperators (singles, married couples, and diocesan priests) living and working all over the world. Slovakia is one of the countries with the greatest representation of this part of the Salesian family – there are currently more than 1,000 Salesian cooperators in our country. For more information about the ASC centre on the Miletičova street see www.mileticka.sk/asc.

If you would like to join us in this work, please let us know by sending an email to: dobrovolnici@familygarden.sk.



„I see the FG as a Salesian work tailored for the present times in which people suffer from loneliness and abandonment, and face the problem of crumbling families and relationships and a subsequent need to build deep, open relationships. At the same time it is a work focused on the challenges of the present-day family with all its joys and sorrows. This endeavour has a clear direction as well as a perspective to go on and become a help for many.“

sr. Jana Kurkinová FMA,

Provincial of Salesian Sisters in Slovakia

LECTU- RES



Duration of a lecture with discussion: 2 hours
Attendance at each lecture: 50 to 250 people
Place: Mary Help of Christians Parish (hall in the church basement) Miletičova 7, Bratislava
Time: 07:00 – 09:00 p.m.
Parking: in the churchyard
Other possibilities: babysitting, buying books

Between November 2014 and December 2015 there were 21 preventive lectures and testimonials taking place in the rooms in the church basement. They were attended by more than 2,300 people.

Topics presented

TESTIMONIALS OF MARRIED COUPLES

Do you have any idea what I need?

MUDr. Róbert Podivinský and Dipl. Ing. Mária Podivinská

Three generations living under one roof without conflict – an impossible task?

Bc. Roman Pleva and Mgr. Naďa Plevová

Sexuality in marriage and before marriage?

Dipl. Ing. Kamil Bagin and Mgr. Katarína Baginová

Bringing up children in the family

Dipl. Ing. Juraj Polakovič and Dipl. Ing. Gabriela Polakovičová

Disneyland or Abeland? Living with eight children on a farm

Dipl. Ing. Igor Abel and Andrea Abelová

Daily meeting of needs in a relationship. Do we really know each other?

Dipl. Ing. Peter Škurla, PhD. and Dipl. Ing. Veronika Škurlová

We ran into debt but we managed to get through it

Dipl. Ing. Ľubomír Kluka and Dipl. Ing. Jana Kluková

We had to forgive each other, too

Peter Hupčík and Mária Hupčíková

How do we manage marital communication and homeschooling?

Branislav Krajčovič and Mgr. Viera Krajčovičová

Adventures with adopted children

Dipl. Ing. Marian Banasiewicz and Mgr. Mária Banasiewiczová

What does it mean to be married to an introvert?

Mgr. Branislav Stráženeč and Dipl. Ing. Martina Strážencová

How we're fixing what we messed up in marriage

Dipl. Ing. Juraj Kubiš and Mgr. Marcela Kubišová

„The FG is an excellent project that offers testimonials about true values in an era when the values in the society are distorted.“

„A very useful centre for various needs of families that are willing to work on their problems. There always were, are and will be problems, I don't know a family that doesn't have any. We just need to face them... and thankfully we have the FG lending us a helping hand!“

feedbacks from attendants of our lectures

„The FG is an excellent idea and a great enrichment. It is also a wonderful help while preparing for a relationship and marriage.“

„It's wonderful that you so selflessly help people who come to you for help. FG is a great help for many – simply by giving them the opportunity to attend the lectures which might give them an impulse to look at their life/problems from a different perspective.“

feedbacks from attendants of our lectures

Topics presented

EXPERT LECTURES

What threatens the good life of children and teens in the area of sexuality?

Dipl. Ing. Elena Miškovičová, Mgr. Zuzana Stohlová Kiňová and Mgr. Martin Gazdík

Parental responsibility towards future grooms and brides

Mgr. Anna Siekelová and Mgr. Andrej Karcagi (catholic priest)

A Christian in business

Dipl. Ing. Michal Hort

What are the consequences of an artificial insemination?

ThDr. Dipl. Ing. Vladimír Thurzo, PhD.

Marriage in God's plan and our times. Should I even get married?

ThLic. Mgr. Marek Iskra

How not to neglect what's essential in bringing up children and young people?

Sr. Eva Rušinová, The Institute of the Daughters of Mary Help (FMA)

Fathers and the influence they have on their sons

ThDr. Juraj Sedláček, PhD., DiS.

The necessity of traditional family for healthy development of children

Prof. MUDr. Jozef Mikloško, PhD.

Natural approach in gynaecology and obstetrics

MUDr. Ivan Wallenfels

Archív

We regularly add photos from our lectures and post interesting thoughts of our guests to our Facebook page:

www.facebook.com/FAMILYGARDEN.sk



„I believe this project became a valuable addition to our ASC centre. It created a space for our continuing personal education and gave us an opportunity to do something for the good of families. Some of us completed the coaching training which gave us the opportunity to work on our personal growth as well as well as serve those who would need it. And lastly, many volunteers joined us in our endeavour – primarily young people that offered us their time and talents. I believe this project is a work of the Holy Spirit and by the grace of God we have the opportunity to take part in it.“

coach coordinator of Salesian cooperators

at the Bratislava-Miletičova centre

**COUN-
SELL-
ING**

What do we offer at our first meeting:

- Assistance in dealing with various life situations.
- When a client seeks help of a psychologist, we offer him a possibility of regular meetings with a Christian coach, which 99 % of clients accept (the sessions take place in the interview room).
- If a person needs just a professional counsel for which e-mail communication is sufficient, we contact the relevant specialist, describe the situation and he tells us whether he can provide help.
- In case of marriage preparation, we get the engaged couple in contact with a priest working with the FG, and the couple then joins one of the marriage preparation groups usually led by married couples partnering with the FG.
- To those who are not familiar with our preventive activities yet we explain how our couple testimonials and specialized lectures work, give them an information leaflet and invite them to come

Client's first contact with FAMILY GARDEN

Clients can contact us in three ways:

PERSONAL VISIT

A client walks in without an appointment – he may stand in front of the building and spontaneously decide to come in, or decides to come in after reading our leaflet.

BY PHONE

By dialing the phone number found on leaflets, business cards, or on the web. If a person can't briefly describe his or her problem in an e-mail, we get in contact by phone, arrange a personal meeting and offer the client various forms of help.

E-MAIL

Most of our clients contact us via e-mail. We usually ask them to briefly describe their problem and then set up a personal meeting.

**In 2015, 57 clients
contacted the FAMILY
GARDEN asking for advice.
They were individuals as
well as married couples,
and we spent more than
200 hours with them.**

„When a person facing a difficult situation considers asking for help, I think he/she thinks very carefully where to look for it. For me as a believer it was very important to know that this is a Christian centre where God is present. That was clear even during my interview which went beyond a psychological counselling usually offered in psychologists' offices. After the interview I felt encouraged; it offered me a new hope and direction, I was once again able to look at my problems, and in a way I was also given some instruction how to proceed. I believe conversation like this can help anyone who is looking to solve his problems and is open to help from others.“

feedback from a client

How to find us?

We are located in Bratislava – Ružinov on the Miletičova street No. 7 in the premises of the Parish of Mary Help of Christians. Many residents of Bratislava are familiar with the Don Bosco Publishing House bookstore on the Miletičova St.; we are just a couple steps away. The lectures are held in the hall in the church basement.

If you need help, please contact us at: bratislava@familygarden.sk

We ask couples interested in marriage preparation led by married couples from the FAMILY GARDEN to please register personally at the parish office of Mary Help of Christians Parish (Miletičova 7) or by e-mail: : fara.mileticova@gmail.com

ADDRESS

FAMILY GARDEN – Family counselling centre
Miletičova 7
821 08 Bratislava

PHONE

0949 590 504 – kancelária

E-MAIL

bratislava@familygarden.sk
media@familygarden.sk
dobrovolnici@familygarden.sk

PUBLIC TRANSPORT

Public transport stop: Salesians
trams – No. 8, 9
bus – No. 68
trolley bus – No. 201, 205, 209, 212

GPS COORDINATES

48.155136° S
17.134046° V





„What in my opinion is the greatest contribution of the FAMILY GARDEN for Slovakia? It found a way to help married couples and families directly and at the same time to train other people willing to participate in such care.“

don Jozef Ižold SDB,
Provincial of the Salesians in Slovakia

**WHAT
WE
OFFER**

Fertility centre

At the end of 2015 we opened a new fertility consultation centre which offers individual sessions and group seminars that teach physiology of female and male fertility. Interested individuals can learn to correctly evaluate their fertility signs with the help of a specialist. A doctor and lecturer of the Billings Ovulation Method as well as two lecturers of the Billings Ovulation Method are available. The consultation centre offers its services to:

Girls and young women

- who want to get to know their fertility,
- who want to learn a natural and reliable alternative to hormonal contraceptives,
- who want to be well prepared for married life by knowing their fertility as well as available methods of natural family planning.

Married couples

- that experience their sexuality with fear of unwanted pregnancy,
- that suffer after unsuccessful attempts to conceive.

Mothers who recently gave birth or are breastfeeding

- who would like to learn to correctly identify their fertility signs during this difficult period.
- **Responsible person:**

MUDr. Renáta Mikušová, PhD.

- contact: plodnost@familygarden.sk
- web: www.familygarden.sk/plodnost

Marriage preparation

Even though marriage preparation is a prerequisite for the Sacrament of Marriage, very often it's narrowed just to a brief guidance on the position of the Church towards marriage. However, its target should be to prepare engaged couples for problems they might face, offer solutions, and help the couples set the right expectations about the married life.

The FAMILY GARDEN offers a well-planned marriage preparation, led by experienced married couples in cooperation with a priest.

The marriage preparation takes place quarterly, and runs in groups during evening hours. There are usually 9 meetings and the preparation involves a natural family planning course led by a medical doctor.

Couples interested in marriage preparation with married couples from the FAMILY GARDEN need to register personally with the parish office of the Mary Help of Christians parish on Miletičova 7 or by e-mail: fara.mileticova@gmail.com.



Between January and December 2015 3 married couples from the FAMILY GARDEN prepared during 28 sessions more than 30 engaged pairs for marriage, dedicating more than 80 volunteer hours.



„I am very glad that family centres such as this one are being established.

The FAMILY GARDEN met the challenge of helping families as well as individuals really well. In two years of its existence it has launched activities in the area of prevention, training/education, as well as targeted help to individuals.“

Andrea Abelová,
coach, responsible for experience seminars

COACH- ING

Coaching

"In the recent years I've been noticing in Slovak families a rise in chronic stress levels, stress related to work overload or job search, excessive overwork in one or both partners, existential questions, lack of time for a relationship and for the children. On the other hand, I've seen excessive ambition on part of both partners, both partners feeling the need to work, inability to sacrifice and show humility, rivalry of egos which causes burn-out and limits the relationship to logistics... If the situation becomes unbearable, the partners end up seeking a therapist or a lawyer.

The FAMILY GARDEN offers a network of professionals that can intervene when the relationship ceases to function, but can still be revitalised.

Today in this situation we offer help in form of a short-time companionship to one or both spouses provided by coaches specialized on this area. This emerging new profession doesn't fall neither under therapy nor under medicine, and uses the power of a structured dialogue to help the partners look for new solutions themselves." PhDr. Marián Kubeš, CSc. (psychologist)

The services of Christian coaches can be useful not only to married couples, individuals of different ages, and engaged couples, but also to young people in various life situations. If you are interested in setting up a meeting, contact us at bratislava@familygarden.sk.







We felt it was a very important work

Marián and Margita Kubeš have been providing help for married couples for the last several years, and closely cooperate with our counselling centre.

How did you perceive the work of the FAMILY GARDEN at the beginning and what do you think of it now?

Marián:

I would compare it to a seed that was planted into a good soil, has been well watered and now it is nicely germinating and growing and maybe it's time to start thinking how to prune it, because it tends to grow wildly. From the beginning I considered it a good idea, and something much needed and useful. I even presented my first expert lecture in the FG which gave rise to a need to help clients that started to come to the FG with their problems. I wasn't able to fully concentrate on it then, but I started to think how I could help the centre. I decided to train people who would be able to serve such clients as Christian coaches..

Margita:

We felt that this work is much needed, because we know from experience that many married couples often

find themselves in a crisis and sometimes a simple conversation would be enough to show them the way... We realize that there is a need to "walk" with married couples in order to help them to save their marriage so that they wouldn't feel alone with their problems and wouldn't choose the easy way out by opting for a divorce, which is what our world is telling them to do.

Who helps you when you have a problem in your marriage?

Marián:

When that happens, we ourselves come to school. We learn so that we could later help others. Our marriage is not immune to problems, quite the contrary - the Evil must dislike our service, because he likes to trip us up sometimes.

Často sa nás ľudia pýtajú, aký je vlastne rozdiel medzi koučingom a návštevou psychológa. Akoby ste to vysvetlili?

Marián:

This is a difficult question, because the role of a coach can to some extent be fulfilled by a priest, therapist, doctor, but also by a spouse or a friend. Coaching is a dialogue that goes deeper. You feel deeply accepted which frees you from your own pain and enables you to see yourself in a new way. But you can also have this experience with a gifted person who doesn't necessarily have to be a trained coach. A coaching interview has its own rules and procedures, of course, and it's not supposed to replace the profession of a psychologist or a psychiatrist. Its intent rather is to supplement them in situations where it would be more appropriate. A coach can't diagnose, use psychological tests or therapeutic methods. However, an added value of a coaching interview lies first and foremost in the high credit that the coach gives to the person sitting in front of him/her. Other professions - teachers, priests, psychologists, therapists are knowledgeable partners; experts, who know answers to your difficulties. When I go to a coach I don't meet with an expert. In a way, coach is helping me to become an expert. A coach does not provide answers, but leads the client to choose for himself the answer that he or she considers at the given moment the best.

Margita:

A coach "walks" with the client, asks questions and helps him find his own internal motive. He doesn't dictate him anything. During this kind of conversation is the client suddenly able to find answers he/she wasn't aware of before, because he/she didn't see the world this way.

We offer Christian coaching at the FG... It's something new that is only now starting to emerge under this name around the world and now also in our country.

Marián:

Coaching is a young profession. Every day there are established new schools that focus on coaching in various areas of life. The Christian life coaching differs from the business coaching primarily in the fact that the central starting points and the values of the coach and of the coached individual are the same. The central points of the Christian coaching are Jesus and searching for ways how to follow Him. The coach helps the client to find the answer to the question how to be more of a person that God wants him to be.

„I spontaneously named the course “coaching how to be a witness”. I was learning to witness how a person in his/her heart and in the context that he/she himself/herself knows best is able to put together the pieces of his soul, work on his problem, his questions, and his doubts, and find himself again when he feels lost. It means to be present mercifully, without my own wisdom, without trying hard to find answers for the person in front of me, and instead listening to him with attention and respect. I have been witnessing how this method of asking questions and discretely stepping into the boat of the person sitting next to me opens one's mind, gives perspective and makes his/her heart flexible. I must say: it is very rewarding!"

Feedback of a graduate of the coaching program

COUR- SES

Personal development programme: Journey to spiritual fatherhood and motherhood

The objective of the programme is to train people to be able to provide assistance when someone else (an individual, a married or an engaged couple) finds himself at the crossroads, gets stuck in relationship problems, stands before difficult decisions, in situations that aren't clear cut, and faces many other life difficulties including various stages of spiritual difficulties. The graduates of this programme can provide service to laymen, priests, and religious in various parochial and Christian communities, family centres, counselling centres, etc. The goal of the programme is to support personal spiritual growth and enhance one's abilities to help others grow.

The basic programme of the Journey to spiritual fatherhood and motherhood therefore consists of two parts:

TRAINING PROGRAM

„Basics of Christian coaching“

Duration: 7 days (three two-day modules and one one-day module within three months)

The training works on all competencies defined by International Coach Federation (ICF) as necessary for the profession of a coach. It takes place in two-day modules that focus on the coaching interviews under the supervision of experienced lecturers. Between the individual modules the participants work in groups of three. On the 7th day the participants pass the final exam and receive a certificate of successful completion of the programme.

WORKSHOP

„A Way to seek the Kingdom of God and how on this way to help others“

Duration: 3 days

The programme focuses on a spiritual growth and personal transformation through deeper understanding of spiritual and mental processes that take place in a person. Work at these levels helps facilitate inner healing and growth. The programme enables participants to experience the process of personal transformation and its realisation in everyday life - a transformation that leads to a mature Christian wisdom.

The first group of 15 volunteers completed the 6-day program in March - May 2014, the second group of 18 between January - April 2015, and the third group of 18 between September - December 2015. Some of the graduates have been cooperating with the FG as volunteer Christian coaches since the completion of their training. The training was led by a lecturer with a long-term experience in this area and members of his team.

**In 2015, the FAMILY
GARDEN coaching training
completed 36 participants
– 19 women and 17 men of
various professions.**

Interesting facts



At the end of 2014 we successfully founded the civic association under the name of FAMILY GARDEN Family Counselling Centre.



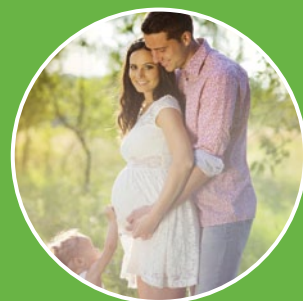
Since the beginning of the year we have a new account number: SK46 0200 0000 0034 4751 6859. We launched a video-campaign where we invited people to support our work regularly using a standing order.



In May at the occasion of the International Family Day there was a conference titled "How to support the family in the 21st century?", held under the patronage of the Vice-President of the National Council of the SR, Mrs. Erika Jurinová. We were there, too!



We were also mentioned in the media. For example, the portal cestaPlus.sk, the television programme *Salesian Magazine*, TV LUX and others devoted us some space. We also cooperate with the TV programme *Família (Family)* on the Slovak Radio and Television. We participated at various projects such as *Festival Lumen* or *March for Life*.



We organised lectures for expectant moms and dads. Several moms-to-be showed interest in meeting someone who could give them genuine advice and encouragement for the important situations they were about to face - namely the childbirth and newborn care. The first meeting took place in June.



At the beginning of summer 2015 six boys from a Salesian orphanage in Ukraine came to Bratislava to spend two weeks in Slovak families. It was a unique experience not only for them but also for the families and animators that decided to open their homes to them and give them some of their time. The whole event was held under the patronage of the FAMILY GARDEN.



We organised a meeting of our volunteers where we thanked them for their selfless help they offer the FG.



We opened a new Fertility consultation centre dedicated to the issues of fertility and infertility. We offer individual meetings as well as group seminars.



We already have more than 1,100 fans on our Facebook page, and are very pleased with this four-digit number!

State of the Finances

EXPENSES 2015

material and equipment	2959,63 €
printables and media	476,33 €
services	4009,91 €
rental of premises and operation	0 €*
salaries	0 €*
TOTAL	7445,87 €

*Coordinator of center salary and rental of premises were in year 2015 provided by the province of Salesians of Don Bosco as a support for the launch of the program Family Garden.

INCOME 2015

donations and contributions	13910 €
subsidies	14800 €
TOTAL	28710 €

ECONOMIC RESULT: 21264,13 €

The funds mentioned as economic result are intended to cover costs in 2016.

Plan of use for 2016

outfitting of new premises	16000 €
administrative	4000 €
operation	5000 €
trainings	4000 €
marketing and printing	1000 €
TOTAL	30000 €

**You can express your support to
the FAMILY GARDEN also by a financial
donation. Support our project financially by
sending any sum to our account number:
IBAN: SK46 0200 0000 0034 4751 6859**

Thank you!

Would you like to know what we plan for the near future?

- In a few months, our centre moves into new premises of a former school on Pavlovičová str. 3 in Trnávka. The building is currently under reconstruction. We will let you know when everything will be ready for our move.
- You can finally gift the 2% (3%) of your taxes to our civic association FAMILY GARDEN Family Counselling Centre. We would like to thank all generous donors in advance for their support.
- We plan another summer get-together with the boys from the Ukrainian orphanage. We are already preparing a programme and invite other families and young people to join in.
- We continue in our regular activities, such as lectures, testimonials, counselling and coaching services...

**PROJECT
COORDINATOR:**

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IBAN: SK46 0200 0000 0034 4751 6859

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EXALLIEVI
DON BOSCA

